

Body Signs

Alert sign



On body
Circular movement on the shoulder
Move both hands from the shoulders down to the forearms

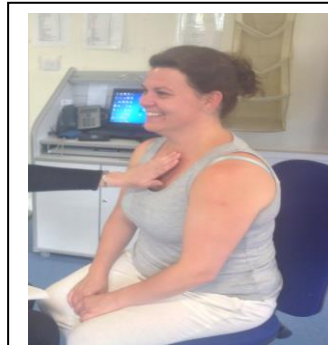
Hello



Hand under hand
Hand against hand to use Makaton sign 'hello'


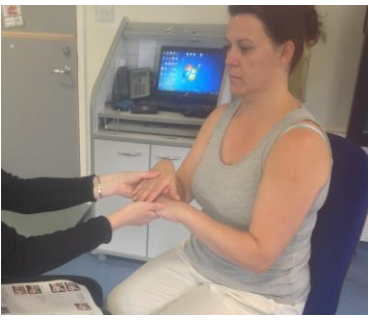



On body
Circular movement on the back of the hand as you say hello, then tap on the chest as you say the name




N.B. for children with very severe sensory impairment stroke round the side of their face instead of tapping on chest

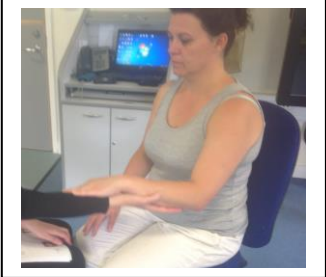
More

| | | | |
|---|---|--|--|
|   | Hand under hand Put the child's hands one on top of the other, like Makaton sign for more |  | On body Squeeze child's hand |
|---|---|--|--|



Finished

| | | | |
|---|---|--|---|
|  | Hand under hand Put your hands under the child's to sign Makaton 'finished' | | On body Same as hand under hand |
|---|---|--|---|


Going 'up' in the hoist

| | | | |
|--|---|--|---|
| | Hand under hand Same as on body |  | On body Put your hand under the child's forearm and move the arm up |
|--|---|--|---|


Going 'down' in the hoist

| | | | |
|---|---|--|---|
|  | Hand under hand Same as on body |  | On body Put your hand on the top of the child's arm and gently press down |
|---|---|--|---|



Rolling over

| | | | |
|--|---|---|--|
| | Hand under hand Same as on body |  | On body Put your hand down the side of the child's body that they will turn on to- from just under arm to above knee |
|--|---|---|--|



Lying down

| | | | |
|--|---|--|--|
| | Hand under hand Same as on body |  | On body Move your hand down the child's back |
|--|---|--|--|


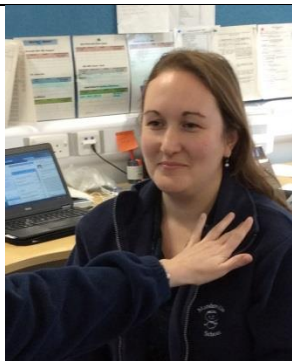
Eating

| | | | |
|---|--|--|--|
|  | Hand under hand To do Makaton sign for 'eat' - tap side of mouth twice |  | On body Tap side of child's mouth twice (Makaton sign for eat) |
|---|--|--|--|

Drinking

| | | | |
|---|---|--|--|
|  | Hand under hand To do Makaton sign for 'drink'- touch underneath the lips |  | On body Put your finger underneath the child's bottom lip (Makaton sign for drink) |
|---|---|--|--|

Toilet/ bathroom

| | | | |
|--|---|---|---|
|  | Hand under hand Take child's hand to put across body up near shoulder. If possible, use one (middle) finger to do Makaton sign for toilet |  | On body Do Makaton sign for toilet- middle finger near shoulder |
|--|---|---|---|