

What can I do with...

...scarves and shawls



You will be practicing:

- Physical Development skills;
- Communication temptation;
- Gross and fine motor skills, mark-making
- Phonics, phase 1 - environmental and body sounds
- Story time

1. Moving with scarves:



Follow the link below to find ideas on how to move all parts of your body using scarves/pieces of fabric/shawls:

Easy: <https://www.youtube.com/watch?v=5yJkfQ05fz0> or
https://www.youtube.com/watch?v=_C759Q6_spM

More complex: <https://www.youtube.com/watch?v=Dt2P5jg3vZk>

2. Scarf Toss:

This activity can be done with just you or you can involve your child's sibling. Ask two children to hold the edge of the large scarf and place a soft ball or toy in the middle - the children have

to move scarf up and down to get the ball to fly and land. The idea is similar to using a parachute with a bigger number of children.



3. Hide and seek or hide and seek with objects:

Hide and seek: Sit opposite your child. Put the scarf over your face. Try and prolong the anticipation by saying "Where's mummy? Mummy! Where are you?". Rapidly pull the scarf down to reveal your face. And say "here I am!". Repeat several times - you may want to encourage your child to pull the scarf off, or to put it on themselves. Praise and encourage any attempts at copying the questions.



Hide and seek with toys: Cover a toy with the scarf (it would be great if it's one of the favourites). As with the hide and seek, model the communication (e.g. "Teddy! Where are you, teddy?!"). Like in the activity above lift the scarf rapidly to reveal the toy and say "here it is!". Encourage and praise any attempts at communication and let your child play with their favourite toy after you have finished the activity.



4. Make pictures with scarves:

Use several scarves. Arrange them into simple shapes. Label what you have drawn with the scarf (e.g. tie a couple of scarves together, arrange them in a wavy line and say "a snake - a slithering hissing ssssnake" and imitate the snakes hissing). Encourage your child to repeat the sounds. Let them explore the scarves and arrange them in their own way. Try and interpret what they have created.



5. A light and shadow story time:

Cut out simple outlines of characters from your child's favourite bedtime story - for convenience of holding you can stick them onto straws with a sticky tape. Hang a scarf between two chair back rests. Turn off the light and place a torch or a small lamp behind you. Use the shadow puppets to tell the familiar story. Remember to keep it simple and short. Let your child play with the puppets and praise any attempts to retell the story to you with their own words/actions/gestures.

