

A challenge a day! - Week 2

Day

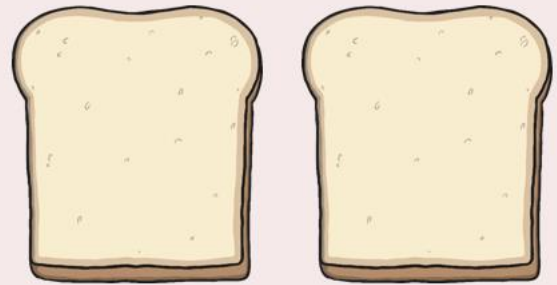
Challenge

Monday

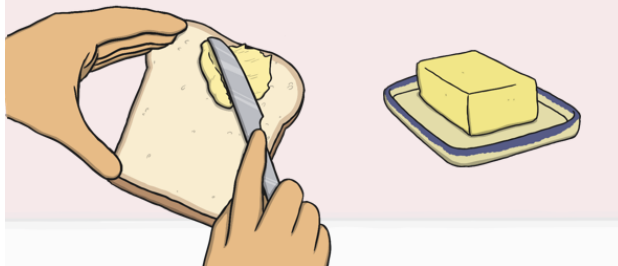
Make a sandwich by yourself:
Don't use a sharp knife.



1. First, get two slices of bread.



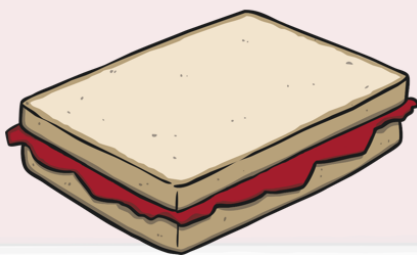
2. Next, use the knife to spread some butter onto both slices.



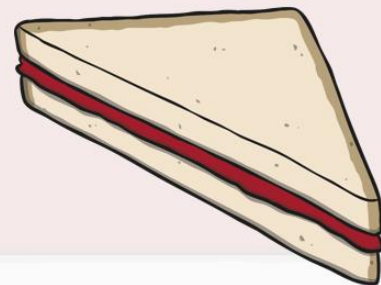
3. After that, use a knife to spread the jam on top of the butter, on one of the slices of bread.



4. Then, put one slice of bread on top of the other, to make a sandwich.



5. After that, cut the sandwich in half with the knife.



6. Finally, eat it!



Tuesday

Shoe lace pattern

You will need a pasta drainer and shoe laces. You can create any pattern by threading the lace through the holes.



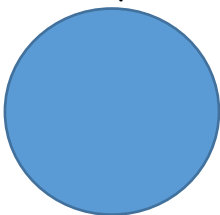
Wednesday

Drawing in flour.

Make a lot of marks in the flour.



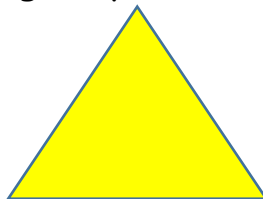
Now try to draw the following shapes in flour:



circle



square



triangle



rectangle

Thursday

Nature alphabet

Make your own ABC with sticks, sand, leaves or grass.



Or let a grown-up write it in sand and you can trace over it. (If you cannot be outdoors, then do this in corn flour, rice or flour)



Musical shaker

You will need an empty plastic bottle with a lid, uncooked rice or dried beans or lentils.



OR



OR



Pour your rice or lentils into your empty bottle. Fill it up to halfway. Screw the lid on tight (you can put sticky tape round to keep it secure). Now shake! Shake! Shake! You can play it along to your favourite music!



