



# NEWS LETTER

## Dates for your Diary

Come & Play:

04.02.2023

World Book Day

02.03.2023

Red Nose Day

17.03.2023

Mother's Day

19.03.2023

## Training and events

**Family Links with Additional Needs Workshops:** The shortest version is a 7-week course for parents of children with additional needs such as ADHD, ASD, and other learning and physical difficulties.

The course helps parents understand children's feelings which are behind their behaviour and how to use different approaches to discipline and getting children's co-operation.

- . Language: Hindi/Urdu/Punjabi
- . When: Every Wednesday for 7-weeks from 10 am to 12 pm
- . Start date: January 18, 2023
- . Where: Online via Zoom - <https://parentingu.co.uk/>

**Visit from the Wallace museum this Thursday 2<sup>nd</sup> of February at Mandeville School.**

<https://www.wallacecollection.org/learn/teachers-and-schools/send-schools/exploring-landscapes/>



## Things to do

**Willows Activity Farm; see new-born lambs, meet the shepherd + Peter Rabbit & Friends**

When: 11th—19th February 2023

Where: Willows Activity Farm, Coursers Road, London Colney, St Albans, Hertfordshire, AL4 0PF

## Tip of the week

**Marks & Spencer's now have a range of adapted clothes and shoes for additional needs, both physical and sensory.**

<https://www.marksandspencer.com/l/kids/easy-dressing>