



Dates for your Diary

Come & play

11.03.2023

Red Nose Day

17.03.2023



Mother's Day

19.03.2023

Training and events

The Ealing Parenting Service are offering the **Understanding Your Teen Parenting Workshop** on **Friday, 21st April 2023**. This session will take place online via **MS Teams** between **9:30am-11:30am**

This workshop is aimed at parents and carers of young people aged between 12-18 years. This workshop will look at emotional development through adolescence, so that we can better understand teenage behaviour, and to enable us to empathise with their experience. This session will also discuss mental health and the support available

To refer, please send the parent/carers name, email address and phone number to parentingserviceadmin@ealing.gov.uk; they also welcome self-referrals

Red Nose Day 2023—Friday 17th March

To help this wonderful charity we ask for children and adults to wear something red to school & join the fun. Feel free to wear anything that is **red**. Whether that is a t-shirt, a red jumper, red trousers, decorating your nose with red paint or a simple red headband. This year we ask everyone to support this wonderful charity by donating at the following link: <https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=9901>

We really appreciate your support and hope that you'll have fun helping us raise money for Red Nose Day.

Tip of the week

Capelli Belli

If you're struggling to get your child's hair cut, Capelli Belli is a family salon which specializes in cutting children's hair. They have extremely friendly staff with lots of experience and wonderful techniques to keep the children entertained.

CAPELLI BELLI

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