

## How can I help at home?

- Regular **story reading time** – make it fun and don't be afraid to overact – the sillier the better! This is the most powerful way to extend a child's language, vocabulary, imagination and awareness of sounds and reading.
- **Writing games** – writing in the air, writing in flour or sand, bath paints, using play dough or cooking dough while cooking. Fun practical ways without always using pencil and paper.
- Reduce the use of iPads, mobile phones and screens – **sing and play together** instead.
- Point out and **show interest in different sounds around you**. Don't forget to say what you hear (e.g. 'woof woof - it's a dog').