



28<sup>th</sup> April 2020

## **Music Based Activities for Children and Families**

### **Compiled by Ealing Music Therapy**

#### **Under 5's:**



#### **Little Folk Music Class**

Little Folk Music Class - lovely Facebook lives on Mon, Wed and Fri at 9.30am (you can access them any time after on Facebook too).

<https://www.facebook.com/littlefolkmusicclass>

#### **Mini Chilterns**



**Music class for the under 5's run by Chiltern music therapy on Facebook every Thursday at 3pm.**

[https://www.facebook.com/ChilternMusicTherapy/live\\_videos/](https://www.facebook.com/ChilternMusicTherapy/live_videos/)



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### **Music and Makaton:**



Mr Tumble music and makaton

<https://www.bbc.co.uk/cbeebies/curations/makaton-signs>



Singing Hands is have signed songs on their Facebook page and YouTube channel for FREE content on Monday, Wednesday and Fridays!

<https://www.facebook.com/SingingHands/videos/653674898749179/>

<https://www.youtube.com/user/SingingHandsUK>



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**Primary aged children:**



BBC music teaching plans but also weekly activities for home and lovely accessible intro to classical music pieces and ideas:

<https://www.bbc.co.uk/teach/ten-pieces/watch-this-do-this-weekly-activities/zjy3382>



Accessible music resources for children from 'Music Therapy Tree':

<https://www.musictherapytree.org.uk/self-isolation.html>

Resources for learning the Ukulele, Piano/keyboard and learning through song



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The Royal Opera are providing weekly activities exploring the magical world of the theatre from home. All resources are free to access.

[https://learning-platform.roh.org.uk/create-and-learn/?\\_ga=2.172545955.1815417411.1587998155-1574308056.1587998155](https://learning-platform.roh.org.uk/create-and-learn/?_ga=2.172545955.1815417411.1587998155-1574308056.1587998155)



Royal Albert Hall

Royal Albert Hall are running a series of free music and story telling for children.

<https://www.royalalberthall.com/tickets/series/royal-albert-home/>

Here are few:

Classical for Kids

<https://www.royalalberthall.com/tickets/events/2020/royal-albert-home-classical-for-kids/>



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**The Great Jelly of London**

<https://www.royalalberthall.com/tickets/events/2020/royal-albert-home-samuel-west-reads-the-great-jelly-of-london/>

**Jazz for Kids**

<https://www.royalalberthall.com/tickets/events/2020/royal-albert-home-jazz-for-kids/>



**Great Ormond Street Hospital's team of play experts have assembled a treasure trove of games and activities to help children across the UK and beyond cope with today's challenges and support your family through this challenging time.**

<https://www.gosh.org/power-of-play>

**Try #7 - start a pots and pans 'band'! from GOSH**



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**Secondary aged children/young people:**



Anna Freud Centre have put together self care activities to support mental health.

<https://www.annafreud.org/on-my-mind/self-care/>

<https://www.annafreud.org/on-my-mind/self-care/making-music/>



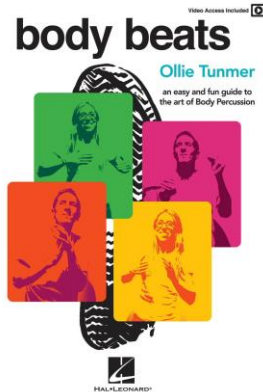
Enjoy singing everyday at 5.30pm with Gareth Malone's Great British Home Chorus

<https://www.greatbritishhomechorus.com/>

<https://www.youtube.com/playlist?list=PLaLGHvdHfRMfkl2yQNMOMP4eJCHxBAl6m> (all the past video sessions)



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Learn Body Percussion with Ollie Tunmer from 'Beats Goes On':

<https://www.youtube.com/watch?v=KP6vS2lWAJU>

<https://www.youtube.com/watch?v=er3tM9lg7PU> (Composing your own body beats)

### Theatre:



The Wind in the Willows west end production is available to stream online for free.

<https://www.willowsmusical.com/>